

Connect 4/ Bingo

Can you colour in the different activities to make a line? You can do a line across, a line down or a diagonal line.

Can you fill the whole square and complete all the activities?

Take a picture and write 'Bingo!' when you have completed a line or the whole grid. Then, please upload to Evidence Me with any other pictures/videos of you enjoying these activities!

Enjoy some yoga! Type in 'Cosmic Kids Yoga' into YouTube.	Spend some time outside- Can you talk about what you can hear, see, smell & touch?	Go for a nice walk to a favourite place or discover somewhere new!	Try out some Teddy Meditation- see guide attached.
Draw 5 emoji monsters. Draw a happy, excited, sad, angry and worried monster.	Try out some Teddy Meditation- see guide attached.	Go outside and watch the birds- from the garden or on a walk. Talk about their similarities/differences	Draw a picture of your family or make a video talking about your family.
Ask your grown up for a special job that you could do every day to help in the house.	Make a video talking about your favourite thing to do at home.	Call/video call a friend or family member who you haven't seen in a while.	Spend some one to one special time with each member of your family.
Have a conversation- keep it going by both asking and responding to questions.	Look out of your window, how many birds can you see? Talk about the birds.	Get a pen-pal! Draw pictures for the friends on your street and post them through their door.	Play board games. Learn to take turns and develop acceptance of winning or losing.