

Autumn 2: Empathy

At this festive time of year, we are studying empathy. We believe that empathy is currently needed in heaps as so many are facing great difficulties.

Our focus is empathy in action. In school, we are collecting for Morecambe Foodbank and writing cards to those who are more socially isolated than ever.



Empathy Poem:

Empathy:
 "Let me hold
 the door for you.
 I may have
 never walked
 in your shoes,
 but I can see
 your soles are worn,
 your strength is torn
 under the weight of a story
 I have never lived before.
 Let me hold the door for you.
 After all you have walked through,
 It is the least I can do."

Morgan Harper Nichols

Home Learning Ideas

Chat with your child about how we can empathise with the people below. What might they be feeling? Why? What can we do to help?



Empathy Music Playlist:

Look for these songs online to explore Empathy

- Lean on Me- Bill Withers
- Empathy Song- Mosaic Project
- Kindness Boomerang "One Day"- LifeVestInside
- The "Empathy Song"- ethics4schools

Empathy Top Tips:

- Take time to *listen*
- Take time to *understand*
- *Help* where you can
- Show them that you *care* (a phone call, a video call, a letter, a card)
- Say *sorry* if you've upset somebody
- *Think* about how our actions can affect other people

Empathy in Action

As part of this half term's learning, our pupils are collecting food for the Morecambe Bay Foodbank. Any donations of **tins**, **cereals** and **long-life products** like milk and fruit juice (but please **nothing fresh**) will be hugely appreciated. Thank you.

Values Hero

If your child's empathy *wows* you, please nominate them for the next Values Hero Award by filling in the nomination form on our app, or by telephoning the school office and leaving a message about your child for Miss Garlick.

