

Dear all,

It is important to keep as much of what we do as normal as possible in these difficult and uncertain times, so I am publishing the monthly newsletter as usual. Whilst I am missing the children and the school community so much, it has been good to see and speak with many of you—when picking up food or dropping off key worker children. I have been uplifted by your community spirit and your stories about how you are keeping busy with your children and learning new skills—gardening, den-making, cooking. We are taking some of your ideas to include in the new weekly challenges—you can read more in this newsletter.

Please remember that we are here for you, for any help or support—phonelines are open during school hours. As a community we will come through this together.

Stay well and safe, with my best wishes to all our Ryelands' families, Mrs Pye



Art to make you smile



Home School Learning

Due to the nature of the current situation, it has become even more important to keep our **brains**, our **creativity levels** and our **imagination**s as active as possible. To help with this, we have provided several links on the class pages of the website for you to be able to access from home. They consist of a wide range of links to educational websites and activities that will take you on any number of thought provoking adventures. It is split into different sections (giving you the opportunity to access a little learning from a different curriculum area) so you can spread your learning out throughout the week.

This week we have launched our **'Weekly Challenge'** - you can find the link on the front page of the website. This is intended to be something a little more hands on and practical that you can work on gradually throughout the week. There will be a different task each week, and we will aim to make them as broad and open-ended as possible in order to really let you get creative with them! They will also be designed to use things that you will hopefully already have easy access to at home. You can choose how to tackle the challenge in any way you see fit - as a family, in pairs or individuals - it is the differences between what people make and do that will really make this exciting. Don't be shy about sharing your home learning adventures we really would love to see them!

Send them to: learning@ryelands.lancs.sch.uk

and /or you can publish them yourself on Facebook or Twitter. Any suggestions that you have for further projects or ideas would also be more than welcome - it is vitally important that we keep our school and community spirit as high as possible at this time.

We can't wait to see what amazing ideas you come up with.



Miss Sharkey, Mrs Wilkin, Mrs Knowles and Mrs Elderton had the loveliest week with the children last week. Children took part in everything with high spirits and lots of smiles. It was an absolute pleasure to see the older children looking after and caring for the younger children so well. It made us very proud of our school!

All the children from young to old played football or did P.E with Joe Wicks every morning, which was incredibly fun. Miss Sharkey loved brushing up on her football skills every morning! All the children played rounders together, Miss Sharkey and Mrs Wilkin decided that if there is ever an international tournament, this team of children should be entered into it as they were amazing! Our youngest player was 3 with an amazing throw on them!

The rest of the morning was usually spent playing, mindfulness colouring or playing maths games outside in the sunshine. Our afternoons were lovely as well, from Lego challenges, to creating clowns and butterflies from paper, the children made some wonderful creations which brightened up the classrooms.

We laughed, we smiled, we washed our hands and above all we kept safe! What a wonderful week and what amazing children! A wise child in 3S once said 'Smile, it looks beautiful on you'. So we wrote these words on the playground. Hopefully it will create beautiful smiles!



Ryelands School for Key Workers

Animal Care Year 3

We hereby present to you 50 fantastic, knowledgeable learners! Animal Care's recent visit to both Year 3 classes involved teaching the children about the animal skeleton and nutrition. They learnt about the functions of the skeleton and the key components of an animal's skeleton. They then went onto learn about how a balanced diet and regular exercise are vital in helping to make sure our pets have a strong and healthy skeleton.



*If you have a pet, get your child involved in their care as part of their learning from home.

*If you have tuned into Michael's story-time, don't forget to email him your work and photos.

Sports News... Keeping fit at home



Get digging!

Many of you have been using this time at home to get gardening with your children. We are so lucky on Ryelands to have garden space, so here is a project for your family—it's fun, manageable and it will feed you! If you follow the steps, you will be amazed at just how productive a small veg plot can be.



Once the frost has gone after Easter, we will have **FREE** seeds and seedlings to give you throughout the year—starter packs will include lettuce and beans plus 2 surprise veg.

Step 1: Measure out an area in a sunny spot—just 120cm by 120cm.

Step 2: Dig deep—get rid of any turf, any weeds and turn the soil over. You will need a big spade or fork—if you or your neighbours do not have one, phone and collect one from school.

Step 3: Divide the area into 4 squares, each 60cm by 60cm. Use string or sticks.

Each of these squares will be used to grow a different crop—plenty for all the family we promise! 12 different veg can be planted over the next 3 seasons this year, starting after Easter.

Poetry Competition

We are all aware of the need to keep healthy - especially at the moment. So, with this in mind we would like to set you a challenge....

a poetry competition!

Before school closed, Year 3 were learning about how we could keep healthy. Each pair thought of a rhyming couplet and then we collated them to create this class poem—we hope you like it!

Create your own poem with rhyming couplets. Either write the poem in an email or attach it as a photo to:

learning@ryelands.lancs.sch.uk

Winning poems will be published in the next newsletter.

Year 3 Health Advice

Exercise to keep strong and fit
Run and spin, swim, kick and hit
Skipping, football and some jumping
These will keep your heart a pumping

Emotions and feelings mean the same
Mental health is about your brain

Sleep for ten to twelve hours a day
It will help you to think and play
Keep the same routine at bed each night
This will keep you alert and bright
Have a milky drink before you go to bed
Don't forget to rest your tired heads

Drink water 6 - 8 times a day
That will keep illnesses away
Drink water 6 - 8 times a day
Gulp it all up to work and play

Wash your body to keep you clean
Use some soap to make you gleam

Protein is found in beans and fish
Don't forget to have these in your dish
You might say urch to pulses or meat
But sorry they're something you just have to eat

Thank you NHS and Key Workers

